

**Aquatics Supervision: Swimming and Water Rescue
Registration Form**

Deadline for Registration: August 24, 2009

Cost: \$35

Send this registration form and your check payable to:
Capitol Area Council, B.S.A.
7540 Ed Bluestein Blvd.
Austin, Texas 78723-2399

First Name: _____

Last Name: _____

Date of Birth: _____ Age: _____

Gender: _____

Email address: _____

Cell Number: _____

Address: _____

City: _____ State: _____ Zip Code: _____

District: _____

Please circle: Troop Pack Crew Unit Number: _____

Position: _____

Are there any health concerns we should take into account during our event planning – allergies, dietary needs, mobility and strength?

Swimming and Water Rescue Training

Cub World Pool
Camp Tom Wooten
Lost Pines Scout Reservation
August 29, 2009



An EXCITING, NEW training course for unit leaders of units holding swimming activities!

Learn how to safely conduct unit level swimming activities.

All Packs, Troops, & Crews are encouraged to have at least one unit leader trained in Swimming and Water Rescue.

All swimming activity must be supervised by a mature and conscientious adult who understands and knowingly accepts responsibility for the well-being and safety of those in his or her care, and is trained in Safe Swim Defense. That supervisor must be skilled in assessing the risks of the swim area and establishing clear processes to reduce the danger to Scouts while in the water but still allow for an age-appropriate level of adventure. The aquatics supervisor must also know how to respond when a rescue situation arises.

The Aquatics Supervision: Swimming & Water Rescue training is a companion course to Safe Swim Defense. Swimming & Water Rescue provides leaders with information and in-the-water skills to prevent, recognize, and respond to swimming emergencies during unit swimming activities.

Topics and skills covered will include:

- Creating a safe swim area,
- Organizing until response personnel and look outs,
- Executing reach, throw, and swimming rescues,
- Back board usage,
- Basic instruction of aquatic skills for rank advancement,
- Conducting the standard BSA swim classification tests.

Prerequisites:

- Participants must be at least 16 years old
- Complete the swimmer test
- Recover a weight from the bottom of the lake
- Submit a current medical form with parts A and C completed

The new BSA Medical Form can be found here:
www.scouting.org/filestore/pdf/34605_letter.pdf



Materials to bring:

- Swim suit(s) and towels
- Aquatics Supervision Manual
- Camping equipment
- Uniform

The Aquatics Supervision Manual (Item 34346) will be provided as part of your registration fee.

Check-in time: Saturday, August 29 at 7:30 am

Departure time: Saturday, August 29 at 5:00 pm

Meals: Lunch will be provided

Cost: \$35

Registration Deadline: August 24, 2009

Checks should be made payable to Capitol Area Council, BSA and mailed to Capitol Area Council, 7540 Ed Bluestein Blvd., Austin, Texas 78723.

Course Director: Dean Woodley

Questions can be sent to Dean at liveoak@texas.net.